

Lifestyle Woodlea Yoga



Detail



Wednesday, 02 October 2024, 10:30 AM - 12:00 PM

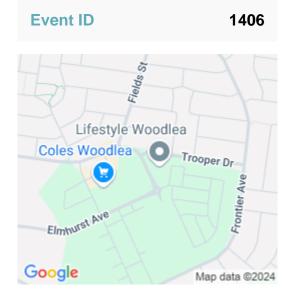


Event Overview

Find your zen at our Yoga session on Wednesday, October 2nd, from 10:30am to 12pm at Lifestyle Woodlea.

This relaxing event is perfect for all levels, whether you're a seasoned yogi or new to the practice.

Enjoy a peaceful atmosphere and gentle guidance as you stretch and unwind. Refreshments and nibbles will be provided, so you can relax and socialise after the session.



Find out more information from

https://www.downsizing.com.au/events/detail/1406/lifestyle-woodlea-yoga

