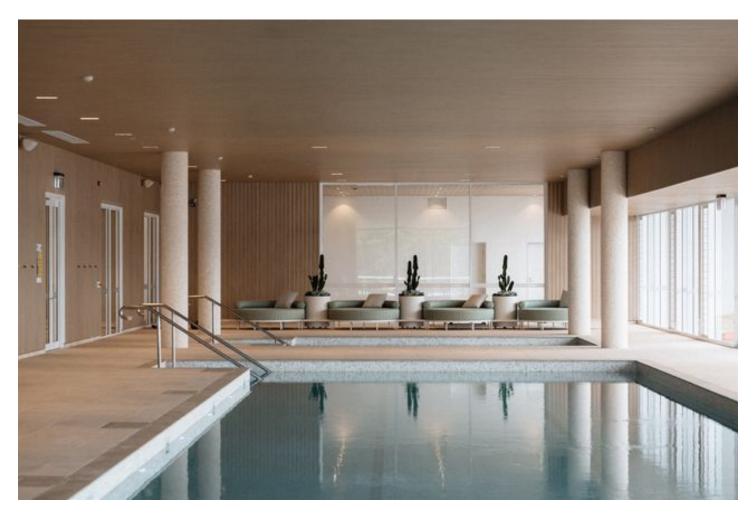


# **Unveiling of the Mirador Wellness Centre**



### Detail

Palm Lake Resort Pelican Waters

Wednesday, 05 March 2025, 12:00 PM -03:00 PM Q 40 Mahogany Drive, Pelican Waters - QLD

## **Event Overview**

Experience the pinnacle of health, wellness, and luxury living at the highly anticipated opening of Mirador Wellness Precinct at Palm Lake Resort Pelican Waters.

Join us for a day of inspiration, rejuvenation, and connection, showcasing our world-class wellness facilities and lifestyle offerings designed exclusively for over-50s living.

### Event Highlights:

Fresh Appetisers & Healthy Refreshments Sound Healing, Guided Meditation Session: Immerse yourself in a profoundly calming soundscape to rejuvenate the mind and body. Milon Gymnasium Demonstrations: Experience cutting-edge fitness technology with a Milon professional. Pickleball Demonstrations: Learn or watch this exciting, fast-growing sport in action. Key Wellness Speaker: Gain insights and inspiration from a leading

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#### Find out more information from

https://www.downsizing.com.au/events/detail/1609/unveiling-of-the-mirador-wellness-centre

