




Yoga on the Green



Detail

 Lincoln Place

 Saturday, 05 April 2025, 09:30 AM - 12:00 PM  85 Sheehans Lane, Gulmarrad - NSW

Event Overview

Whether you're an experienced yogi or new to the practice, join us for our Yoga on the Green event for the perfect opportunity to unwind, enjoy some fresh air, and meet like-minded people. Our certified instructor will guide you through gentle stretches and mindful movements, tailored to all levels.

When: Saturday 5th April Where: The Pavilion, Northern Rivers Lifestyle Estate Time: Arrive at 9:15am for a 9:30am start time

Bring your friends and family along for a peaceful morning as you:

Enjoy a calming 45-minute session run by Jen from Core Life Yoga Relax in the outdoor pavilion with some light refreshments Get to know the Lincoln Place team and friendly residents Tour our beautiful homes after the yoga session Find out more about the future amenities coming

[...]

Find out more information from

<https://www.downsizing.com.au/events/detail/1731/yoga-on-the-green>

Event ID

1731



 NORTHERN RIVERS LIFESTYLE ESTATE
by LINCOLN PLACE

Lincoln Place - Northern Rivers Lifestyle Estate